# **Divine 7 Course Overview**

Welcome to Divine Mother's Divine 7 course. "Divine 7" are the 7 Divine Trees. These trees represent seven stages of spiritual growth and development. This course is a seven-week spiritual journey that will awaken all aspects of our being for achieving spiritual enlightenment.

Who is Divine Mother? In the minds of many people, God refers to the Creator of all that is. However, here on earth, God has also been used to refer to some of our rulers who considered themselves gods. For the spiritual realm, the name God is too limiting, and therefore, they prefer to call our beloved Creator, Divine Source. Divine Father is the masculine expression of Divine Source and Divine Mother is the feminine expression of Divine Source. The three together form the Divine Trinity.

#### History

Divine Mother created seven Divine Trees, one Divine Tree for each of the seven stages of spiritual development. Each tree has unique energies that assist with spiritual growth. These ancient energies have not been used and enjoyed by mankind for at least 10,000 years.

In the ancient Pleiadian colonies of Lemuria and Atlantis, the Divine 7 energies were routinely used by most people, many of which since have ascended to higher spiritual realms. Following several major cataclysms on Earth, the knowledge of Divine 7 was lost. Divine Mother said that at the present moment there are only two people on Earth who have ever used the Divine 7 energies and she recruited both to develop her Divine 7 course.

Divine Mother said that the world is shifting and now is the time to bring back the Divine 7 energies. Mankind has grown enough that we are now ready for a boost in our spiritual growth. The reintroduction of the Divine 7 will create a powerful spiritual wave that will grow and spread throughout the world, awakening mankind to our true spiritual nature. You were chosen by Divine Mother to be part of this wave.

To assist Divine Mother in the reintroduction of Divine 7 on Earth, she recruited three people to become her designated Trinity Team: Debbie Nau Redmond, Eugene Nau and John Chandler. **Debbie** is a seasoned channeler. She is an old soul who originated here on Earth. She represents mankind and the "Man/Soul" aspect of the Trinity Team. Her role was to serve as a medium through which Divine Mother could communicate her ideas to our team. Divine Mother worked with Debbie to bring in the course outline and visual concept of each Divine Tree.

**Eugene** is a scientist, biologist, healer and teacher of both spirit and sciences. He is a very old soul created as a Blueprint Changer by Divine Mother and in this lifetime is helping restore Earth to its spiritual status. He represents the "Collective Consciousness" aspect of the Trinity Team. His role, guided by Divine Mother, was to write the details of the Divine 7 course.

**John** is a teacher and a universe expert of Divine Mother energies. He is a very old soul who originated on a planet in the highest spiritual realm. He represents the "Divine Source/Spirit" aspect of the Trinity Team. His unique perspective and questions were essential in shaping this course. His role was to make sure that the Divine 7 course met Divine Mother's high standards.

Over the course of several months, through Divine Mother's inspiration, our Trinity Team met usually once a week to experience and discuss each Divine Tree. In each meeting, Divine Mother would give us the essential knowledge and energies for a Divine Tree. As a team, we shared experiences and discussed or refined written material. When needed, Divine Mother would add new material to her course, change written material and answer questions. Divine Mother always let us express our free-will and creativity and decided to keep some of this material in her course in order to give it a human touch. Our Trinity Team acknowledges the wonderful opportunity given to us in working closely with Divine Mother to recreate and redesign her Divine 7 for Earth. Divine Mother, thank you so very much for your Divine gift.

## Why a Tree?

A "Tree" symbolically represents growth, stability, foundation, beauty and strength. A natural tree has roots that extend into the Earth for receiving water and nutrients. And, a canopy of branches with leaves that extend into the Heaven for receiving sunshine and nutrients for making building block materials. The shape of the tree with its canopy/trunk/roots serves to bridge heaven with earth. Likewise, a Divine Tree with its shape serves to bridge spirit with man. As above, so below.

Divine Mother created the Divine Trees. Their geometric shape collects, concentrates and focuses Divine energies needed by mankind for our spiritual growth and development. There are seven stages of Spiritual Enlightenment and a Divine Tree for each stage.

The Divine Trees are nothing like what we have ever experienced. Each Divine Tree has its own consciousness, intelligence, awareness and a unique set of Divine energies. The shape of the Tree collects Divine energies from above and below into a column of light, seen within its trunk. The unique energies expressed by the Divine Trees accelerate our spiritual growth in seven stages. Divine Mother said that the painting by Mario Duguay on the right resembles what the energy in a Divine Tree looks like to the Divine spirit realm. Note the person walking toward the Tree, there are seven steps, or stages, we need to traverse before ascension.



Painting by Mario Duguay Oracle of the Angels. Card 43. Ascension. ISBN 978-0-7387-4463-6

#### Why Number 7?

Divine Mother said that seven (7) is a spiritual number. A number of enlightenment, spiritual path, creation, guidance, intuition, inner awareness, meditation, wisdom, faith, spiritual choices, learning, growth, one's own truth, insight, manifestation and serendipity. This is why there are 7 trees.

In the minds of many people, "7" is a simple number. For the Cosmic realm, seven (7) represents spirituality and its frequency resonates with all of creation, shaping Nature in ways that we cannot fathom. From behind the scenes, its subtle frequency tickles consciousness in such a way to make it move and manifest our dreams. It shapes our lives for spiritual growth and development.

Divine Mother recommends that we apply the power of "7" to our daily living wherever possible. It will bring additional blessings and abundance to our endeavors. As you continue with this course, you will probably notice the many ways in which "7" has already been shaping your life.

# In the Divine 7 course, the number "7" is emphasized in its design, as demonstrated in the following course description:

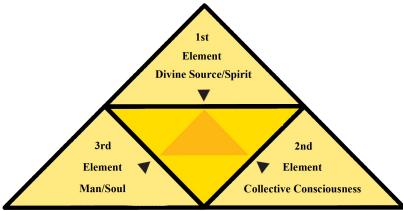
There are "7" stages in our spiritual development. Each stage is governed by a Divine Tree, so there are "7" Divine Trees. Each Divine Tree expresses itself through a different chakra, so there are "7" chakras. The course itself is "7" weeks long and Divine Mother wanted us to spend "7" days on each Divine Tree. The primary energy downloads, meditations and healing sessions in the course are each "7" minutes long. Each class is limited to "7" students.

In the above description, seven was used seven times.

7 Stages	7 Divine Trees	7 Chakras
1	Tree of Life	Solar Plexus
2	Tree of Love	Heart
3	Tree of Hope	Throat
4	Tree of Knowledge	Third Eye
5	Tree of Balance	Sacral
6	Tree of Peace	Crown
7	Tree of Death	Root

# **Divine Tree Trinity**

All Divine Trees are comprised of the same three elements, or Divine energies, represented as a trinity: **Element 1 - Divine Source/Spirit**; **Element 2 - Collective Consciousness**; and **Element 3 - Man/Soul**. For every Divine Tree, its elemental energies come together to form a single column of light within its trunk.



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For each of the 7 Divine Trees, starting with the same three elements, its Divine energy composition is altered to give it different properties. Listed below are the seven Divine Trees showing the differences in their three elements. For every Tree, its elemental energies come together to form a single column of light within its trunk. Every Divine Tree serves a different purpose. There are seven stages of spiritual development and a Divine Tree for each stage.

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Stage 1 - Tree of Life
 Element 1 - Birth/Life Force Energy (Divine Source/Spirit).
 Element 2 - Earth (Collective Consciousness).
 Element 3 - Man/Individual (Man/Soul).
Stage 2 - Tree of Love
 Element 1 - Love of All Living Things (Divine Source/Spirit).
 Element 2 - Love of Family and Mankind (Collective Consciousness).
 Element 3 - Love of Self (Man/Soul).
Stage 3 - Tree of Hope
 Element 1 - True Spiritual Hope (Divine Source/Spirit).
 Element 2 - External Hope (Collective Consciousness).
 Element 3 - Internal Hope (Man/Soul).
Stage 4 - Tree of Knowledge
 Element 1 - Present/Higher Self, Being in Present Moment (Divine Source/Spirit).
 Element 2 - Future/Manifestation, Creating for Oneself and All (Collective Consciousness).
 Element 3 - Past/Experiences, Soul Journey (Man/Soul).
Stage 5 - Tree of Balance
 Element 1 - Emotional Well-being (Divine Source/Spirit).
 Element 2 - Mental (Collective Consciousness).
 Element 3 - Physical (Man/Soul).
Stage 6 - Tree of Peace
 Element 1 - Eternal Emotions/ Peace (Divine Source/Spirit).
 Element 2 - Outer Understanding (Collective Consciousness).
 Element 3 - Releasing/Forgiveness (Man/Soul).
Stage 7 - Tree of Death
 Element 1 - Rebirth (Divine Source/Spirit).
 Element 2 - Enlightenment (Collective Consciousness).
 Element 3 - Releasing/Letting Go of Past, Present and Future (Man/Soul)
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# **Course Itinerary - A Seven-Week Spiritual Journey**

This course is seven weeks long and we meet just once a week for 1 - 2 hours. Each week, on your own, you will experience a different Divine Tree. During our weekly meetings, Divine Mother will bless us with the essential Divine energies for enabling that week's Divine Tree experience.

#### Weak One - Tree of Life

- Divine 7 course overview.
- A special Blue Rain Healing Session given by Divine Mother.
- Tree of Life introduction its description, energies and purpose.
- Tree of Life installation, activation and meditation.
- Instructions for this week's Divine Tree experience.

#### Weak Two - Tree of Love

- Sharing Tree of Life experience (from previous week).
- A special Blue Rain Healing Session given by Divine Mother.
- Tree of Love introduction its description, energies and purpose.
- Tree of Love installation, activation and meditation.
- Instructions for this week's Divine Tree experience.

# Weak Three - Tree of Hope

- Sharing Tree of Love experience (from previous week).
- A special Blue Rain Healing Session given by Divine Mother.
- Tree of Hope introduction its description, energies and purpose.
- Tree of Hope installation, activation and meditation.
- Instructions for this week's Divine Tree experience.

#### Week Four - Tree of Knowledge

- Sharing Tree of Hope experience (from previous week).
- A special Blue Rain Healing Session given by Divine Mother.
- Tree of Knowledge introduction its description, energies and purpose.
- Tree of Knowledge installation, activation and meditation.
- Instructions for this week's Divine Tree experience.

#### **Week Five - Tree of Balance**

- Sharing Tree of Knowledge experience (from previous week).
- A special Blue Rain Healing Session given by Divine Mother.
- Tree of Balance introduction its description, energies and purpose.
- Tree of Balance installation, activation and meditation.
- Instructions for this week's Divine Tree experience.

#### **Week Six - Tree of Peace**

- Sharing Tree of Balance experience (from previous week).
- A special Blue Rain Healing Session given by Divine Mother.
- Tree of Peace introduction its description, energies and purpose.
- Tree of Peace installation, activation and meditation.
- Instructions for this week's Divine Tree experience.

#### Week Seven - Tree of Death

- Sharing Tree of Peace experience (from previous week).
- A special Blue Rain Healing Session given by Divine Mother.
- Tree of Death introduction its description, energies and purpose.
- Tree of Death installation, activation and meditation.
- Instructions for this week's Divine Tree experience.

### **Last Day of Course**

- Sharing Tree of Death experience (from previous week).
- A special Blue Rain Healing Session given by Divine Mother.
- Special gift from Divine Mother.
- End of Divine 7 course instructions.

# Why Being In The Present Moment Is Important

Based on a conversation with Divine Mother

Being in the present moment increases the vibration of a Soul. Raising the vibration can have a profound effect on one's spirituality and awareness. It opens the crown chakra so we can better receive "Life Force Energy" from the Divine Source (God). It opens our emotional heart so we can better receive and share love more freely. It gives mental clarity so we can better understand and experience our surroundings. Most profound spiritual experiences occur when we are "being" and vibrating in the present moment. Unfortunately, most people are either stuck in the past or in the future, and in doing so, are blocked from having rich spiritual experiences.

#### **Being Stuck In The Past:**

When we dwell on the past, it creates a low vibrating stagnant energy. It puts a constraining energetic harness around our aura. We must learn to let go of the past, so we can move forward with our spiritual development. Many people can get caught up in their negative emotions, such as grief, guilt, anger, hate, and/or loneliness, to name just a few, which causes an energetic struggle to let go.

Many people regret their past and spend time wanting something back, wanting to change it and/or wanting a do over. They tend to get stuck in the "What Ifs." What if I done this or that? What if I...? They may spend endless sleepless nights wondering and stressing over things they could have done differently.

We all experience failure, loss, challenges, and emotional struggles within our lives. It is one thing to spend time processing and understanding the wisdom and lessons behind the negative experience or event so we can move on. It is something completely different to become overwhelmed and/or obsessed by a negative experience or event that does not allow us to let go and causes us to spend the rest of our life regretting our past. We cannot do anything about the past. Those energies are

gone, like a leaf flowing away on a river. Dwelling on the past is a waste of spiritual energy that creates blocks, limitations, and stagnation within our lives. Staying stuck in the past blinds us from seeing our bright future and creates the energy of hopelessness.

Of course, we all have some memories of our past filled with love, joy, and happiness. These memories should always be cherished and remembered because their energetic blueprint and higher vibration has Divine blessings and lessons to be shared with others.

# **Being Stuck In The Future:**

When we dwell on our future, this too can cause energetic problems. Everyone has hopes and dreams, but when people are worried or obsessed about what is to come, it creates anxieties, fears, and doubts about their future. It puts us into a low vibrational state of uncertainty, panic, apprehension and lack. It causes the inability to manifest our dreams and desires.

Those stuck in the future are always worrying about creating. In fact, they may become so focused on the process of creating that they really do not manifest anything because they were too busy planning. They may spend sleepless nights worrying about an uncertain future that they have no control over, which in turn, creates questioning and worrying about everything.

Many people also get caught up in the "consistent process" of planning and preparing for the future without noticing the present. They are stuck in the energetic cycle of "Go, Go, Go." They are caught in the middle of the vibrational destiny wheel that is constantly turning. People will get attached to the mindset of "I have to." I have to get more money. I have to do this. I have to plan for that. I have to pay bills. I have to work. I have to get this done.

When we get stuck in the process of planning for the future, time goes by fast, and we may overlook the small, subtle, important, and meaningful things within our lives. For an example:

Imagine a teenage girl sitting on a couch, waiting for her father to come home. She is emotionally upset and has a tear in her eye. She needs her father's help. Her father comes rushing in and smiles at her as he continues to walk by. In his mind, he is thinking I have to pay bills, I have to cut the grass, I have to cook dinner, I have to do this, I have to do that - go, go, go. He is so focused on what needs to be done that he misses the **subtle** things in his life. He did not even notice the tear in his daughter's eye. He missed a beautiful opportunity of having a wonderful heart-to-heart talk with his daughter.

#### Here is another example:

You are focused on planning, preparing, and doing all the things necessary for a family vacation. When you and your family finally arrive at the destination, all your energy that was spent worrying and preparing for this trip, is still stuck in the cycle of go, go, go. Your mind is still racing, and you cannot even relax and enjoy the moment. Now, you become worried about all the things you still "have to" do for work. So, you pull out your laptop and continue to work during your vacation and

you miss creating family memories. Is this not a waste of time and energy?

Being pulled into the cycle of the future causes us to lose valuable time and prevents us from creating special moments with the people we love. Those moments create memories that could last a lifetime. Those moments create joy and happiness. Those moments create spiritual awareness and a vibrational shift to into "now."

# **Embracing The Present Moment:**

Since most people tend to be stuck in the past or in the future, the primary focus of the Divine 7 Course will help us get back into the "present moment."

Being in the present moment opens our awareness and creates a sense of inner peace, which raises our vibration. Being in the present moment opens our eyes (seeing), ears (hearing), intellect (clarity), emotions (feeling) and the crown chakra (receiving spirit). It provides inner calmness that allows us to notice the small things in life – the crack in the sidewalk, the wind blowing, the sound the birds, hearing a child's laughter, feeling of warmth of the sun on your face, etc... When you are in the present moment, music will sound better, food will taste better, you will become more in tuned to your emotions. You will notice the sky is bluer, the trees are greener, and the smell of flowers are more vibrant because your senses become heightened. Your energy is now flowing, and you are more attuned to what is happening around you. The vibration of "now" causes the crown chakra to open and to allow the Divine Source to flow through and around you which in turn, brings spiritual awareness and growth.

When our spiritual awareness is open, this allows Divine Source and/or Angels/Guides to give us messages, insights, intuition, and warnings to help us on our spiritual path of development. When we are stuck and focused on the lower emotional vibration of the past or future, we do not see or hear these messages. We miss the important spiritual messages that can help guide us, help us understand, help us forgive, help us have hope, help us grow, help us find balance and peace, help us to overcome, help us to transform, and help us gain wisdom.

Furthermore, when we are in the present moment, we manifest quicker, our health is better, and we have more divine protection. When we are stuck in the past or future, our vibration affects our aura due to worry, anxiety, and negative emotions. Our aura may become weak and/or unstable. But, when we are in the present moment, it starts to fill with love, light, and peace. Our aura then expands, heals, and adds extra protection all around us.

Being in the present moment can also affect the vibration of our DNA at every cellular level within the body. When we are stuck in the future or past, the energy in our cells become scattered and does not flow correctly which could possibly or eventually lead to illness. When we are in the present moment the energy in our cells flows together in harmony which influences and creates healthy energy deep within our body.

Each Divine Tree will help us get into the present moment to experience its energies in the truest form. Divine Mother has requested us to do homework and write down all that we observe around

us; what we are noticing, what we are seeing and what we are feeling. This will help us slow down, become more aware, and to embrace all the different and beautiful energies around us.

The Divine Trees energies not only help us maintain being in the present moment from our soul's perspective, but when we are observing and watching other people, we start becoming in the present moment of the "collective consciousness (Mankind and Mother Nature)," because we are noticing people on what they are doing and what they are saying. As a Soul, we are all intertwined within the collective consciousness. What we do and what we say has a domino effect on others and vice versa. How do others make others feel? How do you make others feel? Do you notice any reactions between you and others based off your actions and words?

When we get individual Souls and the Collective Consciousness working together in harmony, it opens the door to Divine Source and we begin experiencing the "Oneness" of everything.

Within that "Onenes," it also entails Mother Nature. When you are in the present moment within nature, you gain clarity of mind, stability of emotions, your aura receives healing energy from all natural components, and you become one with the beauty of Divine Source.

How do you feel when you are hiking in a forest or amongst the trees in a park? Do your senses increase with the scent of the flowers, grass, and trees? Do you hear the vibrations of nature - the sounds of a river? The wind blowing in the trees and leaves? The sound of the ground as you walk on it? Do you hear the animals – squirrels, birds, dogs etc..?

When you are vibrating and "being" in the present moment, you become one with all. You experience Divine Source in all its the purest and truest forms. And in doing so, it will accelerate your spiritual growth and development.

Lastly, the world is shifting, and negativity is becoming stronger due to the battle between dark and light. The Divine 7 energies, meditations, and downloads will help us release these negative energies so we can notice the beauty and positive aspects of life around us.

Because so many people are focused or affected by negativity around them, Divine Mother wants to change that **through us** by becoming an example for others. Showing others how to be more aware, how to be present, and how to embrace the essence and energy of life on a daily basis. If we make enough people aware of the beauty of "being" in the Divine Source, then the vibration of the collective consciousness of mankind will rise and peace will follow.

That is why being in the present moment is so important for you, for the collective consciousness, and for Spirit.

